

Rules and Regulations

1. Eligibility of players

- 1.1 This tournament is open to all youth between the ages of 13 and 21.
- 1.2 Team will be separated into two categories: Novices and Semi-pro.
- 1.3 Semi-pro refers to teams which have been playing competitively. All Semi-pro teams registering must be willing to adopt a Novice team and train them under a 4 hour lesson plan laid out by Singapore Frisbee Sport. CIP hours can be clocked.
- 1.4 Novices are teams which have an interest for Ultimate Frisbee but have had little or no experience in the sport. These teams may have no more than 3 experienced players in the team. They will be given a minimum of 4 hours of training before the tournament.
- 1.5 Members of the team need not be from the same school or educational institution.

2. Number of players

- 2.1 Each team should have a minimum of 8 players and maximum of 10 players.
- 2.2 There must be a minimum of 3 girls in the team.

3. Date & Time of Event

- 3.1 Training sessions for the Semi-pro and Novice team-pairs will be arranged between the captains of both teams, to allow greater flexibility and convenience.
- 3.2 Novice teams which have not been paired up, will be required to attend a Training Session on 16th August 2008 between 8.00am and 12.00am at East Coast Park.
- 3.3 The tournament will be held on 6th of September from 8.00am – 6.00pm.

4. Registration and entry

- 4.1 Closing date for registration and payment is **9th August 2008** (Saturday).
- 4.2 Each team submits ONE Team Registration Form (Page 1), but this needs to be accompanied by INDIVIDUAL copies of Indemnity & Parental Consent (Page 2) and Health Declaration Forms (Page 3).
- 4.3 The full set of Registration Forms should consist of a Team Registration Form and 8 (depending on the number of members in the team) sets of Indemnity & Parental Consent Forms and Health Declaration Forms.
- 4.4 Registration is deemed incomplete unless payment has been submitted.
- 4.5 All players are encouraged to remain until the end of the tournament.

5. Submission of Registration Forms & Payment

- 5.1 Registration Forms can be submitted online to yufc@ultimatefrisbee.com but teams are required to submit the original copies when submitting payment via mail or in person.
- 5.2 Payment must be made within 2 weeks of submission of the Registration Form online.
- 5.3 Registration fees of S\$120.00 per team to be paid via Cash or Cheque.
- 5.4 Cheque payment to be made payable to **Hope Centre (Singapore)** and mailed to
HOPE CENTRE (SINGAPORE)
410A Joo Chiat Road
Singapore 427636
- 5.5 Please provide Name of the Team Name, Name of the Person-in-Charge/ Captain and Contact Number on the back of the cheque.
- 5.6 Cash payments can be submitted to Desmond Lee at
410A Joo Chiat Road
Singapore 427636
(opposite Joo Chiat Community Centre)

during office hours between Monday to Friday, 10.00am to 5.00pm. Visit http://www.hopecentre.org.sg/contact_big.htm to find out how you can get there.

- 5.7** Payments can also be submitted at our road show to be held on 19th July between 6.00pm and 9.00pm, at National Youth Council Building (between Singapore Power Building and Youth Park)

6. Attire

- 6.1** Participants are advised to wear proper playing attire, jerseys, short and playing shoes. (Elbow and knee guard is advisable)
- 6.2** Each team must have a minimum of 1 set of dark colored tops and 1 set of light (White) colored tops. This is to facilitate differentiation of teams during game play.

7. Venue

East Coast Park, Dalbergia Green Area D1)

8. CIP

CIP hours will be given to the Semi-pro teams helping to coach our Novice teams..

Should any team decide to provide any more than 4 hours of training to their partnering Novice team, they are to inform Head of Admin Team, Ying Xian via email [linyixian@ultimatefreezebee.com] of their decision and the additional number of hours clocked.

Upon completion of the event, an official letter of endorsement from Hope Centre (Singapore) will be sent to the captain or person-in-charge. S/he is responsible for the distribution of these letters.

9. Other matters

- 9.1** The organizers will not be responsible for any loss of items or injuries. (Refer to PERSONAL RESPONSIBILITY, EXCLUSION OF LIABILITY AND INDEMNITY)
- 9.2** All participants should appoint a Person in-charge.
- 9.3** All decisions of the organizers shall be deemed as final and will not be disputed.
- 9.4** The Organizers reserve the right to make any changes in the rules without prior notice.